



# Climate and Psyche:

Maturing Conversations and Collective Dreams  
with Sally Gillespie PhD

Meeting  
the  
Moment

zoom on-line presentation from Australia

April 21st -  
7:30pm PT

## CLIMATE CRISIS AND CONSCIOUSNESS

Re-imagining Our World and Ourselves



Climate and ecological crises are challenging our world and assumptions about how we live, necessitating a re-visioning of ourselves, our societies and our planet. Jungian psychology can help to facilitate cultural change and shifts in worldviews in response to these crises and challenges. Firstly, by exploring past, present and future imaginings about the world, recognising the influence of dominant cultural myths that drive climate disruption. And secondly, by acknowledging thoughts, feelings and dreams that arise in response to climate crises, and working with them to support maturational development in individuals and communities.

Jungian practitioners are well-equipped to play a valuable role in facilitating climate conversations which incorporate the imaginal realm of dreams which are attuned to collective symbolic processes. In this talk, I draw on conversations shared in research group discussions where participants aired their frustrations, griefs, hopes, fears and inspirations in response to climate issues as well as shared and worked with dreams. I highlight how collectively identifying and sharing feelings, thoughts, experiences, and dreams in response to ecological and climate crises can help to stimulate a creative process of engagement, sense-making and maturation that cultivates resilience and action

### About the Presenter

**Sally Gillespie PhD** is an active member of Psychology for a Safe Climate in Australia and the Climate Psychology Alliance in the UK, writing, lecturing and facilitating workshops on climate psychology and ecopsychology. A former Jungian psychotherapist, Sally researched the psychological terrain of ongoing climate engagement for her PhD at Western Sydney University. Her book *Climate Crisis and Consciousness: Reimagining Our World and Ourselves* (Routledge, 2020) explores the psychological challenges and developmental processes of climate engagement for individuals and societies. Sally lives on the traditional lands of the Gadigal and Wangal people of the Eora Nation in Sydney, Australia.

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